



Kate Atkin ACIB AAMET

An inspirational speaker and expert facilitator and author with extensive experience; supportive and motivating with energy, drive, and passion.

Based in Cambridge Kate works with a wide variety of organisations, teams and individuals. Since starting her business in 2000, Kate says over 95% of her work has come through networking and personal recommendations.

In her speaking, training and coaching Kate inspires change, instils self-belief and encourages confidence; she also shares her personal experiences, bringing theory to life.

With a particular interest in accelerated learning, our body's energy systems and how the brain works to aid learning, Kate has spent time learning from Eric Jensen and Donna Eden in the States and Tony Buzan in the UK. She is a member of the Professional Speakers Association, Toastmasters International and a senator of Junior Chamber International UK.

In May 2007 Kate won the District Speech Evaluation Contest run by Toastmasters International – coming top in the UK & Ireland – and in 2008 she reached the national final in the Impromptu Speaking competition. She has been recognised as the Most Outstanding Trainer in JCI UK, nominated for Cambridgeshire Businesswoman of the Year and is a World Debating Champion.

Kate is also a published author on the subjects of confidence and networking and her latest book *The Confident Manager* is receiving wide acclaim.

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